



Susan Galarraga, LCSW

Susan Galarraga is a Licensed Clinical Social Worker who received her Masters Degree in Social Work from Virginia Commonwealth University. She has over 11 years of clinical experience and has provided services in public schools, hospitals, community agencies and the private practice setting.

Currently, Susan provides outpatient psychotherapy to adolescents, young adults and adults for the treatment of anxiety, depression, family conflict, identity, phase of life problems, relationship issues, stress and trauma. In addition to working with the individual, Susan will work with family members to improve natural supports and build healthy interpersonal relationships.

She provides a supportive, non-judgmental environment with the overarching goal of empowering her clients to live a healthy and safe life. She uses a Strengths Perspective along with a holistic and solution focused approach. Susan is also skilled in Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT) and has a trauma informed background.